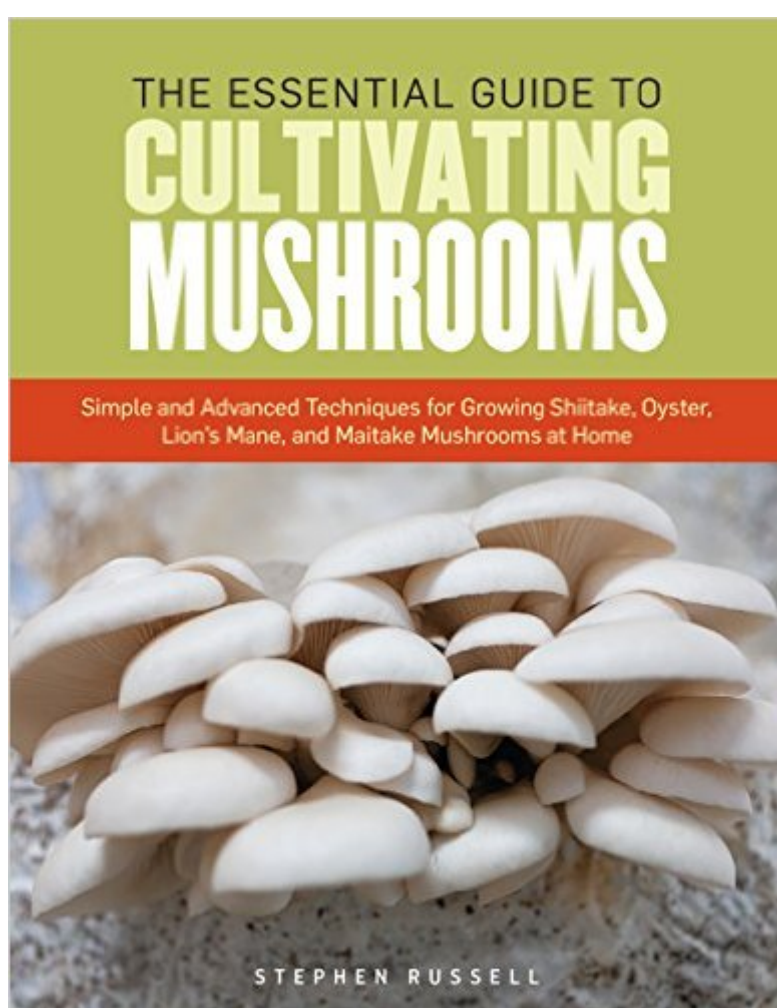


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# The Essential Guide To Cultivating Mushrooms: Simple And Advanced Techniques For Growing Shiitake, Oyster, Lion's Mane, And Maitake Mushrooms At Home



## Synopsis

From the basics of using mushroom kits to working with grain spawn, liquid cultures, and fruiting chambers, Stephen Russell covers everything you need to know to produce mouthwatering shiitakes, oysters, lionâ€™s manes, maitakes, and portobellos. Whether youâ€™re interested in growing them for your own kitchen or to sell at a local market, youâ€™ll soon be harvesting a delicious and abundant crop of mushrooms.Â

## Book Information

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## Customer Reviews

Two books on mushroom cultivation have just hit the market and they are both excellent. They have many similarities but some key differences as well; in a nutshell, one book is an absolutely thorough and yet very easy to understand guide to everything you need to know about how to cultivate mushrooms, with great photos. The second is all that, plus several other sections thrown in that at first glance you may say, â€œnah, I donâ€™t need to know about that,â€• but once you start reading you think â€œwow, I think Iâ€™m going to try that!â€• So, which book is for you? Read on. Iâ€™m just going to come right out and say it now: *The Essential Guide to Cultivating Mushrooms* and *Organic Mushroom Farming and Mycoremediation* are the best books on the topic currently available. Itâ€™s ironic that, not one, but two excellent cultivation books should come out at the same time, as up to now there were not many choices to those of us interested in home cultivation of mushrooms. (Indeed, the paucity of information out there on cultivation was a big impetus for us at FUNGI magazine to start up such a regular feature several years ago.) Probably everyone from

beginner to commercially-successful grower has a copy of Paul Stamets's book *Growing Gourmet and Medicinal Mushrooms* (1993, 2000). I turn to it often at my home, but it's in need of an update and makeover; swapping out the black and white photos for color would be nice too. Stamets's more recent *Mycelium Running* does offer a section on cultivation, but the strength of that book lies in several other unrelated topics. Besides Stamets, some general books on mycology or wild mushrooms might have a single chapter on cultivation but without a whole lot of information that a beginner might need on how to make growth media or make sterile cultures from wild harvested mushrooms.

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